



AGGRESSIVE DRIVER

Are you an AGGRESSIVE DRIVER?

DO YOU:

- **Express Frustration?** Taking out your frustrations on your fellow motorists can lead to violence or a crash.
- **Fail to Pay Attention when Driving?** Reading, eating, drinking or talking on the phone, can be a major cause of roadway crashes.
- **Tailgate?** This is a major cause of crashes that can result in serious injuries or deaths .
- **Make Frequent Lane Changes?** If you whip in and out of lanes to advance ahead, you can be a danger to other motorists.
- **Run Red Lights?** Do not enter an intersection on a yellow light. Remember flashing red lights should be treated as a stop sign.
- **Speed?** Going faster than the posted speed limit, being a "road racer" and going too fast for conditions are some examples of speeding.

LIFE IN THE FAST LANE

PLAN AHEAD. ALLOW YOURSELF EXTRA TIME.

- **Concentrate.** Don't allow yourself to become distracted by talking on your cellular phone, eating, drinking or putting on makeup.

- **Relax.** Tune the radio to your favorite relaxing music. Music can calm your nerves and help you to enjoy your time in the car.
- **Drive the Posted Speed Limit.** Fewer crashes occur when vehicles are travelling at or about the same speed.
- **Identify Alternate Routes.** Try mapping out an alternate route. Even if it looks longer on paper, you may find it is less congested.
- **Use Public Transportation.** Public transportation can give you some much-needed relief from life behind the wheel.
- **Just be Late.** If all else fails, just be late.

WHEN CONFRONTED WITH AGGRESSIVE DRIVERS

- **Get Out of the Way.** First and foremost make every attempt to get out of their way.
- **Put Your Pride Aside.** Do not challenge them by speeding up or attempting to hold-your-own in your travel lane.
- **Avoid Eye Contact.** Eye contact can sometimes enrage an aggressive driver.
- **Gestures.** Ignore gestures and refuse to return them.
- **Report Serious Aggressive Driving.** You or a passenger may call the police. But, if you use a cell phone, pull over to a safe location.

[National Highway Traffic Safety Administration](http://www.nhtsa.gov/people/injury/aggressive/Aggressive%20Web/brochure.html)



Q: What costs society \$44,193 a minute?

A: Speeding



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Exceeding the posted limit or driving too fast for conditions is one of the most prevalent factors contributing to traffic crashes. Speed is a factor in nearly one-third of all fatal crashes. Speed-related crashes cost society more than \$23 billion a year.* Too few drivers view speeding as an immediate risk to their personal safety or the safety of others. Yet, speeding reduces a driver's ability to steer safely around curves or objects in the roadway, and it extends the distance required to stop a vehicle in emergency situations. Crash severity increases with the speed of the vehicle at impact. Inversely, the effectiveness of restraint devices like air bags and safety belts, and vehicular construction features such as crumple zones and side member beams decline as impact speed increases. The probability of death, disfigurement, or debilitating injury grows with higher speed at impact. Such consequences double for every 10 mph over 50 mph that a vehicle travels. Many drivers don't consider this. They slow their speed in residential areas, or when the weather turns bad. To them, a few miles an hour over the posted speed limit is an acceptable risk. Their excuse -- other drivers do it. They believe the worst that can happen to them is to receive a speeding ticket. Drivers like this are wrong. Maybe even dead wrong, because driving too fast for conditions or exceeding the posted speed limit can kill **you**.

Consider These Speed-Related Facts:

- Rural roads account for over 60% of all speed related fatal crashes.
- 60% of speed-related crashes involved a single vehicle.
- 60% of all speed-related fatal crashes occurred at night (6 pm to 6 am).
- Drivers involved in speed-related fatal crashes are more likely to have a history of traffic violations.
- Of all drivers aged 15-24 years of age involved in fatal crashes, 32% were speeding.
 - Of drivers under age 21 involved in fatal crashes, 38% of the male and 24% of the female drivers were speeding.

Economic and Environmental Costs of Speeding

Fuel consumption increases steadily above 45 mph with passenger cars and light trucks using approximately 50% more fuel traveling at 75 mph than they do at 55 mph.



U.S. Department of Transportation
National Highway Traffic Safety Administration
THINK FAST



In the Public Eye

Many of us employed by the County of Riverside drive County vehicles to conduct official County business. Whether you drive a County vehicle daily or periodically, always remember that the public is watching.

Knock Knock...

Cal OSHA can we come in?

County Safety Manual

Doc::402 Sec 8



Cal/OSHA Inspections: What To Expect!

The California Department of Industrial Relations (Cal/OSHA) has jurisdiction of enforcement and administration of all occupational safety and health standards and regulations in the state. California workplace inspections are conducted by Cal/OSHA in response to reports of industrial accidents, a complaint about an occupational safety and health hazard, or as part of an inspection program targeting industries which have a high rate of occupational hazards, fatalities, injuries or illnesses.

The Policies and Procedures manual for Cal/OSHA specifically instruct Cal/OSHA compliance inspectors against giving employers advanced notice that an inspection is to be conducted. However there are a few exceptions for that rule. The Chief of the Division or the Chief's designee may grant advanced notice under the following circumstances:

- When an imminent hazard is present so the employer may have time to abate the hazard as quickly as possible
- When an inspection is to be done after normal or regular business hours, or
- When special arrangements need to be made for the inspection such as: Security at a correctional facility or for protecting the health and safety of the inspection personnel.

Once a compliance inspector arrives at an employer's site, there are essentially 5 steps that the compliance officer must follow. They are:

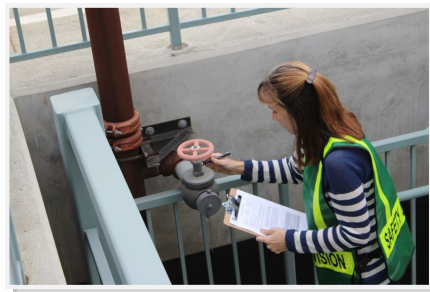
- Making initial contact
- Conducting an opening conference
- Performing a facility walk around
- Holding and exit conference, and if necessary
- Conducting a closing conference

Making Initial Contact

Cal/OSHA inspectors will present their state issued photo ID, identification business card. They will request permission from a management representative to conduct a site inspection. Instruct your receptionist and/or security personnel on which management staff should be notified of a visit. Inspectors will wait on site about one hour for management contact. Notify the County Safety Office immediately upon notification of an inspection. County safety policy 402 requires Safety staff to participate in regulatory agency inspections.

Conducting an Opening Conference

This conference is intended for the inspector to explain the reason for the visit. The site/facility manager, or his/her designee and a representative of the Safety Division should be present at this opening conference and throughout the inspection. The inspector may identify any documents he/she expects to inspect after the walkthrough.



Performing A Facility Walkthrough

Inspection walkthroughs may include your entire facility, or a targeted work area. Inspectors have the right to walk around the building (accompanied), interview employees in private, and document hazards with photos and measurements. When you work with an inspector, be courteous and friendly. Follow these guidelines during an inspection:

- Limit the inspection focus to only the documents and facility areas listed in the opening conference.
- Accompany the inspector at all times, though private employee interviews can be arranged in controlled access conference rooms.
- Provide neutral, fact-based answers to the inspector's questions,.
- It is okay to offer follow-up at a later date.

- Keep notes, photos, and records during the visit.
- If the inspector takes measurements or readings, conduct the same measurements and readings simultaneously.



Don't

- argue with an inspector.
- agree with the inspector's comments as they may be incorrect.
- make jokes about health and safety, worksite, or personnel matters.
- offer opinions or guess at answers.

Exit/Closing Conference

After the walkthrough, the inspector should conduct a closing conference to provide inspection results, next steps, and timelines. Inspectors may request to see written protocols, work procedures, training documentation, or other documents. Deadlines for submittal of these documents can range between 24 hours and 14 days. Submission of your Injury and Illness Prevention Program (IIPP) may be

required immediately, since it is required to be readily accessible to employees. Missed deadlines or failed document submissions can result in further site inspections or citations.

Start planning now so you can present a competent, organized, and compliant response to Cal/OSHA inspections. Designate and train staff to respond to Cal/OSHA inspectors. Maintain your safety programs and employee training procedures at appropriate levels. Keep safety records organized and on site and ensure key staff know how to access them. Keep important phone numbers ready and accessible at all times.

<p>Preparation for a possible future visit:</p> <ul style="list-style-type: none"><input type="checkbox"/> Standard Documents: All Supervisors should know the location of the following documents/procedures OSHA 300 logs, Injury Illness Prevention Program (IIPP), SDS Binder, Heat Illness Program, and Emergency Action Plan.<input type="checkbox"/> Audits: Thorough and complete safety inspections should be done to ensure a safe workplace and to verify CalOSHA compliance.<input type="checkbox"/> CalOSHA Inspection Kit: An Inspection Kit can be developed and available at each location. Items to include in this kit are: written program for OSHA Inspections, contact list, camera, tape measure, caution / danger tape, paper, and pens.	<ul style="list-style-type: none"><input type="checkbox"/> Training: CalOSHA Inspection Training can be conducted on each location annually. It is important that all supervisors know what to do in the event CalOSHA comes to a their location because inspections can happen on weekends, when employees are on vacation, or when Supervisors are not on site. The training should include where all documents are located, assignments to be made during an inspection in accordance with your written program, and who to contact. Another good resource that can be used during training is Cal/OSHA's Policy and Procedures Manual pertaining to "Inspection Procedures".<ul style="list-style-type: none"><input type="checkbox"/> This is available on Cal/OSHA's website.	<ul style="list-style-type: none"><input type="checkbox"/> Complaints: Employees have every right to notify CalOSHA if there are unsafe conditions on your project. Employers should encourage open communication about safety hazards and give employees the opportunity to communicate their concerns to their supervisor. Hazardous Reporting forms must be available at all locations and be placed strategically (Breakroom recommended) for those employees that still do not feel comfortable expressing their concerns. When an employee expresses safety concerns, it is important to take it seriously and address it quickly. Once the item has been fixed, talk to the employee and make sure they are comfortable with the solution. <p style="text-align: right;">https://www.dir.ca.gov/DOSHPol/P&PC-1A.HTM</p>
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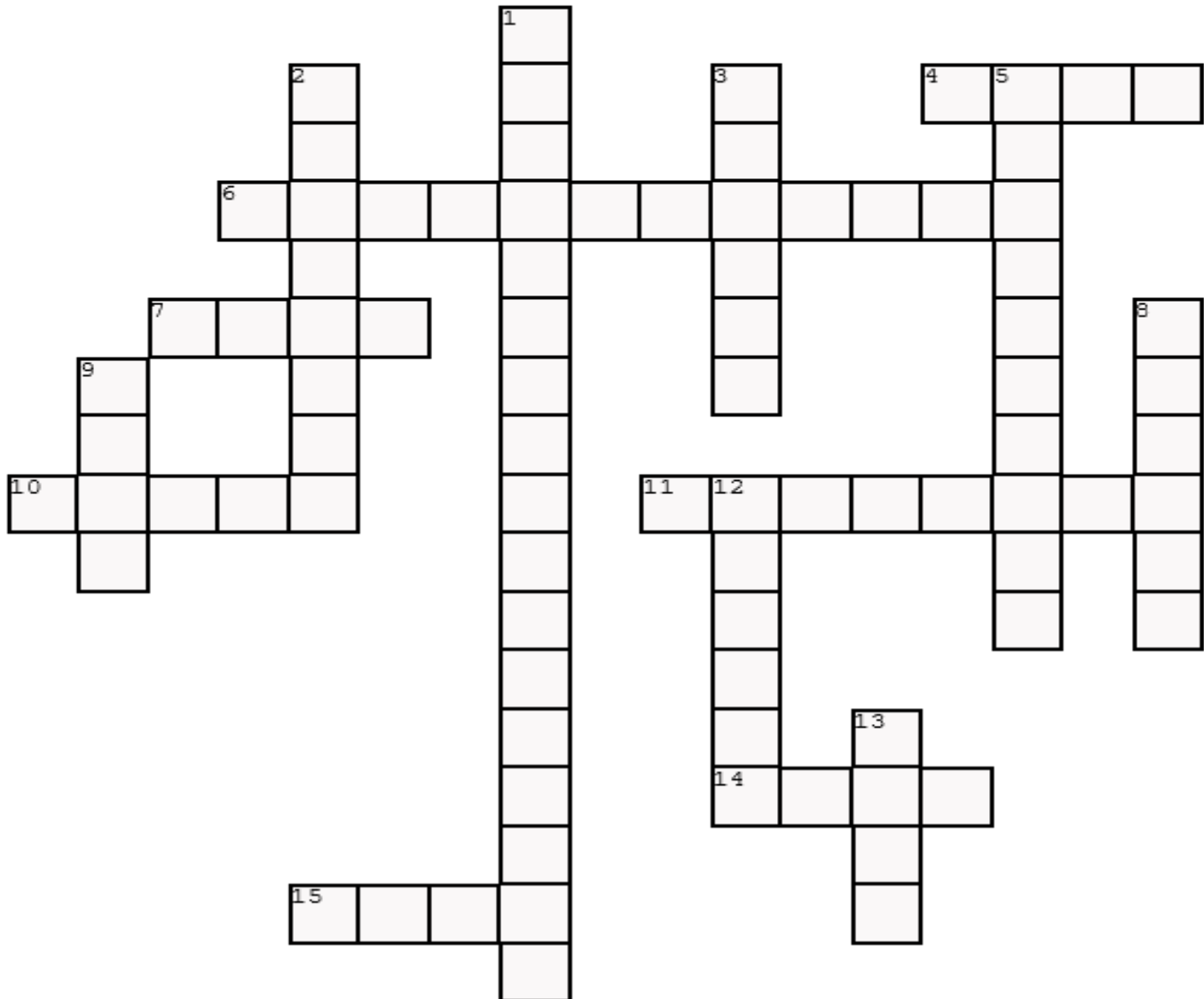
 **CROSSWORD PUZZLE --- Next Page**

What's new

Safety Crossword-



Complete the crossword below



Across

4. Compliance inspector must follow how many steps?
6. things that keep you from doing your job behind the wheel
7. Aggressive driving can lead to potential road _____ problems
10. Don't _____ with an inspector
11. You will get a ticket for it
14. School bus red lights are flashing on your side of the road you should
15. Give yourself plenty of _____ to get there.

Down

1. A thing you do not want to be behind the wheel
2. Its ok before the big game, but not on the roads
3. Ignore gestures and refuse to _____ them.
5. Safety Division representative should be present at the opening conference and ?
8. 66% of speed-related crashes involved a _____ vehicle.
9. Did you forget to turn off your _____ signal?
12. Keep notes, _____, and records during the visit
13. How long will an inspector wait for a member of management?

All answers are contained within the newsletter. Answer key will be posted next month.